

rang	naam	vereniging	inschrijftijd	tijd
<b>Masters 20+, Heren</b>				
1.	Tom Fokkens	LZ 1886	6:09.66	198906645
	50m: 1:25.40	150m: 2:58.32	250m: 300m:	350m: 6:03.18 400m:
2.	Mark den Blanken	Wave	6:00.00	198806087
	50m: 1:24.75	150m: 3:06.97	250m: 300m:	350m: 6:37.58 400m:
<b>Masters 30+, Heren</b>				
1.	Mark Lomax	De Lansingh	4:41.51	198201095
	50m: 1:07.94	150m: 2:24.34	250m: 300m:	350m: 4:55.69 400m:
2.	Bart Sieczynski	Masters Krasnik	5:20.00	1979SIEC
	50m: 1:13.87	150m: 2:37.05	250m: 300m:	350m: 5:34.15 400m:
3.	Dennis van Vliet	GLS Ketelbinkie	6:30.00	198102409
	50m: 1:35.28	150m: 3:20.18	250m: 300m:	350m: 6:42.19 400m:
<b>Masters 35+, Heren</b>				
1.	Dennis Schouten	LZ 1886	5:00.37	197501351
	50m: 1:08.94	150m: 2:24.36	250m: 300m:	350m: 4:55.57 400m:
2.	Mark Jansen	De Geul	NT	197501045
	50m: 1:10.08	150m: 2:26.59	250m: 300m:	350m: 5:08.22 400m:
3.	Svet Gavrilov	GLS Ketelbinkie	5:03.66	197501263
	50m: 1:14.44	150m: 2:33.47	250m: 300m:	350m: 5:09.85 400m:
4.	Niels van Wageningen	D'Elft	5:01.59	197601335
	50m: 1:08.38	150m: 2:27.90	250m: 300m:	350m: 5:15.34 400m:
<b>Masters 40+, Heren</b>				
1.	Maurice van der Berge	Haegheborgh HZ Zian	5:03.01	196900087
	50m: 1:07.20	150m: 2:20.42	250m: 300m:	350m: 4:47.02 400m:
2.	Arjan Bellaart	Oceanus	4:39.34	196900079
	50m: 1:07.17	150m: 2:19.86	250m: 300m:	350m: 4:49.21 400m:
3.	Harold Matla	PSV	5:45.00	196800591
	50m: 1:12.66	150m: 2:32.45	250m: 300m:	350m: 5:12.44 400m:
4.	Marcel Bezemer	De Geul	5:18.36	197001485
	50m: 1:16.20	150m: 2:37.20	250m: 300m:	350m: 5:18.64 400m:
5.	Hans Schoenmakers	DAW	5:15.00	196900863
	50m: 1:13.19	150m: 2:36.08	250m: 300m:	350m: 5:23.33 400m:
6.	Mario Cuelenaere	SG De Zeeuwse Kust	5:38.46	196901569
	50m: 1:20.64	150m: 2:49.64	250m: 300m:	350m: 5:47.26 400m:
7.	Michel Honders	GLS Ketelbinkie	6:00.00	196901395
	50m: 1:21.69	150m: 2:56.94	250m: 300m:	350m: 6:09.32 400m:
8.	Aegidius Kap	HHZV Plons	7:06.82	196801233
	50m: 1:29.89	150m: 3:18.71	250m: 300m:	350m: 7:01.36 400m:
<b>Masters 45+, Heren</b>				
1.	Rene de Boer	DAW	5:03.55	196400087
	50m: 1:09.18	150m: 2:24.39	250m: 300m:	350m: 4:58.78 400m:

Programmanr. 1, Heren, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	tijd	
2.	Jan Smalheer 50m: 1:22.06 100m: 1:22.06	Scom 150m: 2:51.20 200m: 2:51.20	5:49.12 250m: 300m:	196400701 350m: 5:47.33 400m: 5:47.33	<b>5:47.33</b>
3.	Henk Viering 50m: 1:35.08 100m: 1:35.08	Swol 1894 150m: 3:20.00 200m: 3:20.00	7:10.74 250m: 300m:	196600917 350m: 6:52.41 400m: 6:52.41	<b>6:52.41</b>

Masters 50+, Heren

1.	Marten de Groot <i>Nederland Masters Record</i> 50m: 1:07.84 100m: 1:07.84	HZ&PC Heerenveen 150m: 2:18.30 200m: 2:18.30	4:45.66 250m: 300m:	195800149 350m: 4:40.35 400m: 4:40.35	<b>4:40.35</b>
2.	Menno Lomans 50m: 1:20.34 100m: 1:20.34	D'Elft 150m: 2:48.36 200m: 2:48.36	NT 250m: 300m:	196101071 350m: 5:44.36 400m: 5:44.36	<b>5:44.36</b>
3.	Harry Paas 50m: 1:20.89 100m: 1:20.89	ZV Vlaardingen-Schiedam 150m: 2:57.04 200m: 2:57.04	4:40.00 250m: 300m:	195800689 350m: 6:10.73 400m: 6:10.73	<b>6:10.73</b>
4.	Franklin Nouwen 50m: 1:34.91 100m: 1:34.91	GLS Ketelbinkie 150m: 3:20.47 200m: 3:20.47	6:30.00 250m: 300m:	196000925 350m: 6:42.44 400m: 6:42.44	<b>6:42.44</b>

Masters 55+, Heren

1.	Emiel van Elderen 50m: 1:20.26 100m: 1:20.26	ZV Vlaardingen-Schiedam 150m: 2:47.22 200m: 2:47.22	5:44.46 250m: 300m:	195600383 350m: 5:45.69 400m: 5:45.69	<b>5:45.69</b>
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Masters 65+, Heren

1.	Peter Ouweneel 50m: 1:58.93 100m: 1:58.93	RSW 150m: 4:12.83 200m: 4:12.83	8:35.06 250m: 300m:	194500077 350m: 8:51.22 400m: 8:51.22	<b>8:51.22</b>
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Masters 70+, Heren

1.	Nic Geers 50m: 1:26.94 100m: 1:26.94	De Gouwe 150m: 3:00.12 200m: 3:00.12	5:55.50 250m: 300m:	193800007 350m: 6:03.71 400m: 6:03.71	<b>6:03.71</b>
2.	Ad Tersteeg 50m: 2:12.81 100m: 2:12.81	Old Dutch Breda 150m: 4:41.32 200m: 4:41.32	9:40.04 250m: 300m:	193900021 350m: 9:31.80 400m: 9:31.80	<b>9:31.80</b>

Masters 20+, Dames

1.	Maaïke Vooren 50m: 1:09.58 100m: 1:09.58	DAW 150m: 2:25.56 200m: 2:25.56	4:54.00 250m: 300m:	199103324 350m: 5:00.41 400m: 5:00.41	<b>5:00.41</b>
2.	Nanda de Vries 50m: 1:09.31 100m: 1:09.31	HZ&PC Heerenveen 150m: 2:26.17 200m: 2:26.17	4:54.60 250m: 300m:	199204328 350m: 5:02.59 400m: 5:02.59	<b>5:02.59</b>
3.	Liesbeth Bruinekool 50m: 2:00.64 100m: 2:00.64	Zuiderzeewimmers 150m: 4:13.67 200m: 4:13.67	8:54.23 250m: 300m:	199007958 350m: 8:36.57 400m: 8:36.57	<b>8:36.57</b>

AFGEM Else Bijl

RSZ&WV Ragnar

6:28.82

198906146

Masters 25+, Dames

1.	Linda Hoogendam 50m: 1:14.90 100m: 1:14.90	D'Elft 150m: 2:36.90 200m: 2:36.90	5:07.04 250m: 300m:	198300892 350m: 5:20.31 400m: 5:20.31	<b>5:20.31</b>
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Masters 30+, Dames

1.	Joana Carneiro 50m: 1:12.53 100m: 1:12.53	D'Elft 150m: 2:33.45 200m: 2:33.45	5:05.83 250m: 300m:	198202256 350m: 5:23.77 400m: 5:23.77	<b>5:23.77</b>
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Programmanr. 1, 400m vrije slag

Masters 35+, Dames

1. Liselotte Joling	PSV	5:13.57	197500268	<b>5:10.56</b>
50m: 1:14.94	150m: 2:35.21	250m: 300m:	350m: 5:10.56	
100m: 1:14.94			400m: 5:10.56	
AFGEM Katinka van Dongen	De Devel	5:30.00	197700190	

Masters 40+, Dames

1. Karin Stein	ZV Vlaardingen-Schiedam	4:58.58	197100554	<b>4:56.66</b>
<i>Nederland Masters Record</i>				
50m: 1:10.54	150m: 2:25.97	250m: 300m:	350m: 4:56.66	
100m: 1:10.54			400m: 4:56.66	
2. Heidi van Stein	LZ 1886	5:10.58	196900864	<b>5:07.14</b>
50m: 1:10.16	150m: 2:29.09	250m: 300m:	350m: 5:07.14	
100m: 1:10.16			400m: 5:07.14	
3. Anja Reinhard	HHZV Plons	5:44.99	197000818	<b>5:49.46</b>
50m: 1:20.88	150m: 2:50.38	250m: 300m:	350m: 5:49.46	
100m: 1:20.88			400m: 5:49.46	
4. Kristien van de Moortel	Shark	6:30.00	SHARK/315/69	<b>6:26.72</b>
50m: 1:29.01	150m: 3:07.83	250m: 300m:	350m: 6:26.72	
100m: 1:29.01			400m: 6:26.72	
5. Eveline Kars	GLS Ketelbinkie	6:00.00	196800814	<b>6:46.41</b>
50m: 1:30.43	150m: 3:09.85	250m: 300m:	350m: 6:46.41	
100m: 1:30.43			400m: 6:46.41	

Masters 45+, Dames

1. Karin van den Heuvel	Old Dutch Breda	5:59.19	196600188	<b>6:01.26</b>
50m: 1:26.20	150m: 2:59.58	250m: 300m:	350m: 6:01.26	
100m: 1:26.20			400m: 6:01.26	
2. Hetty Smalheer	Scom	6:26.01	196700352	<b>6:27.46</b>
50m: 1:32.06	150m: 3:10.81	250m: 300m:	350m: 6:27.46	
100m: 1:32.06			400m: 6:27.46	

Masters 50+, Dames

1. Inge Wolfs	HHZV Plons	6:15.69	196000304	<b>6:05.57</b>
50m: 1:26.30	150m: 3:00.45	250m: 300m:	350m: 6:05.57	
100m: 1:26.30			400m: 6:05.57	
2. Pia van der Molen	HZ&PC Heerenveen	6:26.14	196000116	<b>6:48.71</b>
50m: 1:32.72	150m: 3:18.27	250m: 300m:	350m: 6:48.71	
100m: 1:32.72			400m: 6:48.71	

Masters 55+, Dames

1. Tonny den Braber	Scom	7:24.67	195700022	<b>7:18.46</b>
50m: 1:40.46	150m: 3:32.12	250m: 300m:	350m: 7:18.46	
100m: 1:40.46			400m: 7:18.46	

Masters 60+, Dames

1. Geerdien Meerwaldt	Van Vliet Barracuda	NT	195200058	<b>9:23.85</b>
50m: 2:07.54	150m: 4:29.51	250m: 300m:	350m: 9:23.85	
100m: 2:07.54			400m: 9:23.85	

Masters 75+, Dames

1. Annie de Vos	Old Dutch Breda	9:19.32	193400004	<b>9:08.91</b>
50m: 2:06.62	150m: 4:26.59	250m: 300m:	350m: 9:08.91	
100m: 2:06.62			400m: 9:08.91	

rang	naam	vereniging	inschrijftijd	tijd
<b>Masters 20+, Heren</b>				
1.	Erwin Vuist	ZV Hatto-Heim	NT 199102475	<b>32.97</b>
2.	Tom Fokkens	LZ 1886	NT 198906645	<b>35.52</b>
<b>Masters 25+, Heren</b>				
1.	Victor den Heijer	Wave	26.19 198300867	<b>26.94</b>
2.	Fons Westerdijk	ZV Vlaardingen-Schiedam	35.72 198705119	<b>36.52</b>
3.	Mathijs van der Kaaij	RIS Rotterdam	49.41 198604607 S6	<b>49.36</b>
<b>Masters 30+, Heren</b>				
1.	Ivan van Omme	De Geul	24.65 198201263	<b>25.68</b>
2.	Stephan Hessels	GLS Ketelbinkie	27.50 197801591	<b>27.91</b>
3.	Marco van Antwerpen	Strijen	28.69 198000027	<b>28.67</b>
4.	Kars Luttk	DAW	26.64 197800675	<b>28.72</b>
5.	Roy Blangé	SG De Zeeuwse Kust	29.66 198100141	<b>30.36</b>
<b>Masters 35+, Heren</b>				
1.	Erling Ouweneel	RSW	33.31 197400613	<b>34.67FJ 1</b>
2.	Jurryt Janninck	GLS Ketelbinkie	35.00 197701547	<b>34.67FJ 2</b>
3.	Teus Jan van Laar	GLS Ketelbinkie	41.00 197401383	<b>36.44</b>
<b>Masters 40+, Heren</b>				
1.	Harry Raven	GLS Ketelbinkie	28.50 197000831	<b>29.64</b>
2.	Pim Pompen	GLS Ketelbinkie	32.00 197201381	<b>31.09</b>
3.	Dennis van Markesteijn	TZC Vahalis	32.49 197201333	<b>32.08</b>
4.	Walter Legerstee	D'Elft	39.02 196801517	<b>33.83</b>
5.	Bas van Gool	De Devel	41.10 197201435	<b>37.66</b>
6.	Gertjan van der Vaart	ZV Vlaardingen-Schiedam	42.97 196801529	<b>38.84</b>
<b>Masters 45+, Heren</b>				
1.	Erik Saan	De Duck	28.11 196500769	<b>28.19</b>
2.	Danny Zulver	ZV Vlaardingen-Schiedam	30.67 196701617	<b>29.93</b>
3.	Abco Toutenhoofd	GLS Ketelbinkie	31.00 196601409	<b>30.60</b>
4.	Richard Rozema	D'Elft	36.53 196701583	<b>36.34</b>
5.	Roy van Hassel	ZV Vlaardingen-Schiedam	45.45 196701621	<b>42.63</b>
<b>Masters 55+, Heren</b>				
1.	Jaap de Win	De Geul	NT 195700529	<b>39.86</b>
2.	Bart van Leeuwen	De Geul	NT 195700555	<b>41.20</b>
<b>Masters 60+, Heren</b>				
1.	Bert Veerkamp	Zuiderzeewimmers	54.20 195200271	<b>54.89</b>
<b>Masters 65+, Heren</b>				
1.	Jaap Kwakkel	DAW	31.51 194700157	<b>32.31</b>
2.	Donald Uijtenbogaart	Het Y	33.15 194700107	<b>33.66</b>
3.	Joop van Eijk	HHZV Plons	32.90 194700025	<b>34.67</b>
4.	Willem Putter	ZV Vlaardingen-Schiedam	34.56 194500135	<b>34.93</b>
5.	Ruud Sloof	De Rijn	39.11 194400073	<b>35.29</b>
<b>Masters 25+, Dames</b>				
1.	Loes van Bremen	Scom	34.96 198600212	<b>31.27</b>
2.	Channe Noort	DAW	31.53 198605032	<b>31.56FJ 1</b>
3.	Sandra Pannekeet	DAW	30.18 198403458	<b>31.56FJ 2</b>

Programmanr. 2, 50m vrije slag

Masters 35+, Dames

1. Ilona Hogerheyde	DAW	30.00	197400224	<b>30.06</b>
2. Marian Nederlof	DWF	31.54	197600950	<b>33.00</b>
3. Angelique van Amen	De Zeehond'73	43.82	197400010	<b>40.88</b>
4. Ilse Jansen	De Geul	47.84	197601022	<b>49.36</b>

Masters 40+, Dames

1. Kristien van de Moortel	Shark	36.00	SHARK/315/69	<b>35.22</b>
2. Angeline Hamstra	Scom	35.55	197200782	<b>37.08</b>
3. Jaklien Tans	RIS Rotterdam	52.84	197100918 S6	<b>52.14</b>

Masters 45+, Dames

1. Marjan Vliegen	GLS Ketelbinkie	39.00	196700586	<b>39.26</b>
2. Alma Kraan	De Geul	47.11	196600604	<b>48.36</b>
3. Jose Grudelbach	ZV Vlaardingen-Schiedam	NT	196400574	<b>54.33</b>

Masters 50+, Dames

1. Ada de Voogd	ZV Vlaardingen-Schiedam	34.89	195900280	<b>34.31</b>
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Masters 55+, Dames

1. Bep van Leeuwen-Koevermans	ZV Vlaardingen-Schiedam	35.00	195600108	<b>44.38</b>
2. Willy Zuidema	GLS Ketelbinkie	55.00	195300066	<b>1:01.86</b>

Masters 60+, Dames

1. Nini van Dongen-de Paepe	De Lansingh	1:06.66	195100044	<b>1:10.27</b>
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Programmanr. 3  
1-4-2012 - 13:20

200m rugslag

20 - 89 jaar  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	50m	100m	150m	200m
<b>Masters 25+, Heren</b>								
1. Thommy Nickel	Van Vliet Barracuda	2:30.96	198401627	<b>2:29.36</b>		1:12.61		2:29.36
2. Willem Jacobs	Wave	2:50.19	198705037	<b>2:52.70</b>		1:24.28		2:52.70
<b>Masters 30+, Heren</b>								
1. Stan Dekker	HHZV Plons	2:23.87	197901823	<b>2:32.88</b>		1:14.16		2:32.88
2. Jens van Us	De Lansingh	2:37.85	198201765	<b>2:46.97</b>		1:19.80		2:46.97
<b>Masters 40+, Heren</b>								
1. Arjan Bellaart	Oceanus	2:27.26	196900079	<b>2:35.57</b>		1:15.60		2:35.57
2. Frank v Nobelen	Sassenheim	2:35.96	196900753	<b>2:40.40</b>		1:18.12		2:40.40
3. Harold Matla	PSV	2:53.36	196800591	<b>2:50.07</b>		1:23.76		2:50.07
<b>Masters 45+, Heren</b>								
1. John Stokx	DAW	2:38.00	196401341	<b>2:51.48</b>		1:20.02		2:51.48
2. Martin Dorsman	De Devel	NT	196301339	<b>3:18.72</b>		1:34.55		3:18.72
<b>Masters 50+, Heren</b>								
1. Robin Prins	SBC2000	2:52.00	196200515	<b>2:47.94</b>		1:21.72		2:47.94
<b>Masters 55+, Heren</b>								
1. Evertjan Masurel	PSV	3:05.00	195600495	<b>3:07.22</b>		1:33.28		3:07.22

Programmanr. 3, 200m rugslag

Masters 20+, Dames

1. Samantha van Eijk	De Geul	2:52.48	198806826	<b>2:52.72</b>	1:25.17	2:52.72
2. Liesbeth Bruinekool	Zuiderzeezwimmers	4:47.79	199007958	<b>4:28.26</b>	2:15.00	4:28.26

Masters 25+, Dames

1. Esther Versteeg	Van Vliet Barracuda	3:03.17	198302112	<b>2:54.09</b>	1:25.60	2:54.09
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Masters 40+, Dames

1. Trudie van Niejenhuis	TZC Vahalis	2:59.88	197100444	<b>3:03.61</b>	1:30.61	3:03.61
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Masters 45+, Dames

1. Susanne Prins	SBC2000	2:57.00	196600284	<b>2:53.51</b>	1:25.63	2:53.51
2. Annemarie Vuist	Swol 1894	3:13.50	196300282	<b>3:11.90</b>	1:34.96	3:11.90

Masters 55+, Dames

1. Patty Krupiarz	PSV	3:25.00	195400074	<b>3:27.70</b>	1:41.89	3:27.70
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Masters 75+, Dames

1. Annie de Vos	Old Dutch Breda	4:38.50	193400004	<b>4:42.82</b>	2:17.18	4:42.82
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Programmanr. 4  
1-4-2012 - 13:35

50m vlinderslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	inschrijftijd	tijd
<b>Masters 20+, Heren</b>				
1.	Michiel van Nesselrooij	Wave	30.98	199006877 <b>31.58</b>
2.	Mark den Blanken	Wave	33.89	198806087 <b>34.17</b>
<b>Masters 25+, Heren</b>				
AFGEM	Jochem Huffmeijer	GLS Ketelbinkie	29.60	198302925
<b>Masters 30+, Heren</b>				
1.	Kars Luttk	DAW	28.85	197800675 <b>29.96</b>
2.	Ron Langelaan	DAW	30.57	197800643 <b>30.16</b>
3.	Stephan Hessels	GLS Ketelbinkie	30.00	197801591 <b>30.39</b>
4.	Marco van Antwerpen	Strijen	31.60	198000027 <b>32.42</b>
5.	Roy Blangé	SG De Zeeuwse Kust	32.78	198100141 <b>33.67</b>
6.	Dennis van Vliet	GLS Ketelbinkie	35.00	198102409 <b>35.86</b>
7.	Bart Sieczynski	Masters Krasnik	36.00	1979SIEC <b>36.02</b>
<b>Masters 35+, Heren</b>				
1.	Niels van Wageningen	D'Elft	33.10	197601335 <b>32.33</b>
DIS	Robert Jan Zandee	GLS Ketelbinkie	38.00	197701439
<i>AA - Te vroeg bewogen bij de 1e (1-startregel) of 2e start.(geen tijd noteren)</i>				
<b>Masters 40+, Heren</b>				
1.	Hans Schoenmakers	DAW	32.32	196900863 <b>32.69</b>
2.	Harry Raven	GLS Ketelbinkie	32.00	197000831 <b>33.83</b>
3.	Mario Cuelenaere	SG De Zeeuwse Kust	37.03	196901569 <b>37.38</b>
4.	Pim Pompen	GLS Ketelbinkie	38.00	197201381 <b>40.07</b>
5.	Bas van Gool	De Devel	NT	197201435 <b>43.36</b>
6.	Ralph Westenberg	D'Elft	NT	196901605 <b>49.99</b>

Programmanr. 4, 50m vlinderslag

Masters 45+, Heren

1. Fred Heemstra	DAW	30.51	196500357	<b>30.51</b>
2. Rene de Boer	DAW	30.96	196400087	<b>31.31</b>
3. Abco Toutenhoofd	GLS Ketelbinkie	37.00	196601409	<b>36.84</b>
4. Jan Smalheer	Scm	40.18	196400701	<b>38.42</b>

Masters 50+, Heren

1. Harry Paas	ZV Vlaardingen-Schiedam	40.65	195800689	<b>41.21</b>
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Masters 65+, Heren

1. Donald Uijtenbogaart	Het Y	35.80	194700107	<b>36.44</b>
2. Jaap Kwakkel	DAW	35.70	194700157	<b>38.53</b>

Masters 70+, Heren

1. Nic Geers	De Gouwe	45.50	193800007	<b>46.80</b>
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Masters 20+, Dames

AFGEM Else Bijl	RSZ&WV Ragnar	47.00	198906146	
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Masters 25+, Dames

1. Sandra Pannekeet	DAW	34.14	198403458	<b>33.75</b>
2. Loes van Bremen	Scm	37.69	198600212	<b>34.55</b>
3. Linda Hoogendam	D'Elft	34.44	198300892	<b>37.17</b>

Masters 30+, Dames

1. Laura Badoux	DAW	32.04	198200038	<b>31.89</b>
2. Joana Carneiro	D'Elft	31.97	198202256	<b>32.56</b>

Masters 35+, Dames

1. Ilona Hogerheyde	DAW	35.13	197400224	<b>33.29</b>
2. Paula 't Hart	ZV Vlaardingen-Schiedam	NT	197701132	<b>48.21</b>
AFGEM Katinka van Dongen	De Devel	32.00	197700190	

Masters 40+, Dames

1. Ilse Harms	De Geul	34.09	196900858	<b>33.42</b>
2. Eveline Kars	GLS Ketelbinkie	41.26	196800814	<b>42.24</b>
3. Kristien van de Moortel	Shark	41.00	SHARK/315/69	<b>42.87</b>

Masters 45+, Dames

1. Susanne Prins	SBC2000	36.00	196600284	<b>36.48</b>
2. Karin van den Heuvel	Old Dutch Breda	39.18	196600188	<b>40.07</b>
3. Marjan Vliegen	GLS Ketelbinkie	49.00	196700586	<b>49.82</b>

Masters 50+, Dames

1. Ada de Voogd	ZV Vlaardingen-Schiedam	42.66	195900280	<b>41.54</b>
2. Gonnie Paas	ZV Vlaardingen-Schiedam	55.00	196200418	<b>47.60</b>

Programmanr. 5

4 x 50m schoolslag

lft 80 - 319

1-4-2012 - 13:40

Resultaten

rang	vereniging	inschrijftijd	tijd
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Programmanr. 5, 4 x 50m schoolslag

120+, Heren

1.	Ketelbinkie 1 Gerard Tel Harry Raven	GLS Ketelbinkie 67 70	37.95	Jeroen Vis Robert Jan Zandee	2:32.50	76 77	<b>2:34.13</b>
2.	Ketelbinkie 2 Teus Jan van Laar Dennis van Vliet	GLS Ketelbinkie 74 81	45.14	Jurijt Janninck Pim Pompen	2:50.50	77 72	<b>2:55.56</b>

160+, Heren

1.	D'Elft 1 Walter Legerstee Ralph Westenberg	D'Elft 68 69	45.98	Iwan von Berg Menno Lomans	NT	73 61	<b>3:02.53</b>
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200+, Heren

1.	ZVVS 1 Gerjjan van der Vaart Willem Putter	ZV Vlaardingen-Schiedam 68 45	45.79	Danny Zulver Harry Paas	2:54.25	67 58	<b>2:59.26</b>
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160+, Dames

1.	ZVVS 1 Karin Stein Gonnie Paas	ZV Vlaardingen-Schiedam 71 62	37.27	Paula 't Hart Ada de Voogd	2:57.59	77 59	<b>3:03.98</b>
2.	SCOM 1 Hetty Smalheer Angeline Hamstra	Scom 67 72	50.56	Loes van Bremen Tonny den Braber	3:18.37	86 57	<b>3:19.65</b>

120+, Gemengd

1.	DAW 1 Hans Schoenmakers Laura Badoux	DAW 69 82	37.72	Ron Langelaan Ilona Hogerheyde	2:27.90	78 74	<b>2:26.98</b>
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160+, Gemengd

1.	DAW 2 Channe Noort Maaïke Vooren	DAW 86 91	42.85	John Stokx Jaap Kwakkel	2:55.00	64 47	<b>2:51.53</b>
2.	De Geul 1 Alma Kraan Bart van Leeuwen	De Geul 66 57	53.60	Ilse Jansen Mark Jansen	NT	76 75	<b>3:25.54</b>

Programmanr. 6  
1-4-2012 - 14:00

200m wisselslag

20 - 89 jaar  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	50m	100m	150m	200m
<b>Masters 25+, Heren</b>								
1.	Thommy Nickel	Van Vliet Barracuda	2:34.21	198401627	<b>2:27.77</b>			2:27.77
2.	Willem Jacobs	Wave	3:10.19	198705037	<b>2:58.12</b>			2:58.12
<b>Masters 35+, Heren</b>								
1.	Dennis Schouten	LZ 1886	2:32.99	197501351	<b>2:36.17</b>			2:36.17
2.	Mark Jansen	De Geul	2:38.56	197501045	<b>2:43.53</b>			2:43.53
<b>Masters 40+, Heren</b>								
1.	Arjan Bellaart	Oceanus	2:29.64	196900079	<b>2:36.81</b>			2:36.81
2.	Frank v Nobelen	Sassenheim	2:32.05	196900753	<b>2:40.59</b>			2:40.59
3.	Martin Berkhout	LZ 1886	2:47.95	197101123	<b>2:51.93</b>			2:51.93
4.	Michel Honders	GLS Ketelbinkie	3:15.00	196901395	<b>3:13.23</b>			3:13.23
5.	Aegidius Kap	HHZV Plons	3:39.34	196801233	<b>3:45.07</b>			3:45.07

Programmanr. 6, 200m wisselslag

Masters 45+, Heren

1. Erik Saan	De Duck	2:55.41	196500769	<b>2:58.97</b>	2:58.97
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Masters 50+, Heren

1. Robin Prins	SBC2000	2:55.00	196200515	<b>2:55.85</b>	2:55.85
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Masters 55+, Heren

1. Emiel van Elderen	ZV Vlaardingen-Schiedam	3:01.23	195600383	<b>3:10.25</b>	3:10.25
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Masters 20+, Dames

1. Maaïke Vooren	DAW	2:37.06	199103324	<b>2:43.85</b>	2:43.85
2. Liesbeth Bruinekool	Zuiderzeezwemmers	4:40.30	199007958	<b>4:39.20</b>	4:39.20

Masters 25+, Dames

1. Channe Noort	DAW	3:00.22	198605032	<b>3:07.96</b>	3:07.96
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Masters 35+, Dames

1. Liselotte Joling	PSV	2:47.53	197500268	<b>2:52.41</b>	2:52.41
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Masters 40+, Dames

1. Heidi van Stein	LZ 1886	2:52.35	196900864	<b>2:53.18</b>	2:53.18
2. Ilse Harms	De Geul	NT	196900858	<b>3:01.26</b>	3:01.26
3. Angelina Hamstra	Scm	3:28.67	197200782	<b>3:36.38</b>	3:36.38

Masters 45+, Dames

1. Annemarie Vuist	Swol 1894	3:04.37	196300282	<b>3:07.69</b>	3:07.69
2. Karin van den Heuvel	Old Dutch Breda	3:15.85	196600188	<b>3:17.44</b>	3:17.44
3. Hetty Smalheer	Scm	3:16.98	196700352	<b>3:23.42</b>	3:23.42

Masters 50+, Dames

1. Inge Wolfs	HHZV Plons	3:15.57	196000304	<b>3:24.16</b>	3:24.16
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Masters 55+, Dames

1. Tonny den Braber	Scm	3:58.54	195700022	<b>3:57.45</b>	3:57.45
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Programmanr. 7  
1-4-2012 - 14:15

50m rugslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd
<b>Masters 20+, Heren</b>					
1.	Erwin Vuist	ZV Hatto-Heim	40.15	199102475	<b>42.64</b>
<b>Masters 25+, Heren</b>					
1.	Victor den Heijer	Wave	31.19	198300867	<b>32.89</b>
2.	Mathijs van der Kaaij	RIS Rotterdam	1:06.47	198604607	<b>1:05.69</b>
AFGEM	Jochem Huffmeijer	GLS Ketelbinkie	34.43	198302925	S6
<b>Masters 30+, Heren</b>					
1.	Ivan van Omme	De Geul	28.26	198201263	<b>29.45</b>
2.	Jens van Us	De Lansingh	34.35	198201765	<b>34.64</b>
<b>Masters 35+, Heren</b>					
1.	Jurryt Janninck	GLS Ketelbinkie	43.00	197701547	<b>42.03</b>
2.	Erling Ouweneel	RSW	41.90	197400613	<b>43.02</b>

Programmanr. 7, 50m rugslag

Masters 40+, Heren

1. Harry Raven	GLS Ketelbinkie	34.00	197000831	<b>36.79</b>
2. Pim Pompen	GLS Ketelbinkie	39.00	197201381	<b>39.83</b>
3. Walter Legerstee	D'Elft	NT	196801517	<b>44.73</b>
4. Gertjan van der Vaart	ZV Vlaardingen-Schiedam	51.25	196801529	<b>52.16</b>

Masters 45+, Heren

1. Fred Heemstra	DAW	34.13	196500357	<b>34.75</b>
2. John Stokx	DAW	33.21	196401341	<b>35.43</b>

Masters 50+, Heren

1. Robin Prins	SBC2000	38.00	196200515	<b>38.00</b>
2. Harry Paas	ZV Vlaardingen-Schiedam	41.89	195800689	<b>41.71</b>
3. Franklin Nouwen	GLS Ketelbinkie	42.30	196000925	<b>44.18</b>

Masters 55+, Heren

1. Jaap de Win	De Geul	NT	195700529	<b>56.24</b>
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Masters 65+, Heren

1. Donald Uijtenbogaart	Het Y	40.64	194700107	<b>40.77</b>
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Masters 20+, Dames

1. Samantha van Eijk	De Geul	36.21	198806826	<b>36.35</b>
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Masters 25+, Dames

1. Esther Versteeg	Van Vliet Barracuda	37.58	198302112	<b>36.78</b>
2. Sandra Pannekeet	DAW	37.46	198403458	<b>39.33</b>

Masters 35+, Dames

1. Ilse Jansen	De Geul	58.66	197601022	<b>59.81</b>
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Masters 40+, Dames

1. Trudie van Niejenhuis	TZC Vahalis	37.76	197100444	<b>39.00</b>
2. Anja Reinhard	HHZV Plons	44.40	197000818	<b>43.02</b>

Masters 45+, Dames

1. Marjan Vliegen	GLS Ketelbinkie	49.00	196700586	<b>49.70</b>
2. Alma Kraan	De Geul	53.19	196600604	<b>55.94</b>
3. Jose Grudelbach	ZV Vlaardingen-Schiedam	52.23	196400574	<b>1:12.11</b>

Masters 50+, Dames

1. Gonnie Paas	ZV Vlaardingen-Schiedam	45.09	196200418	<b>44.69</b>
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Masters 55+, Dames

1. Patty Krupiarz	PSV	43.50	195400074	<b>44.18</b>
2. Tonny den Braber	Scm	55.22	195700022	<b>53.15</b>
3. Bep van Leeuwen-Koevermans	ZV Vlaardingen-Schiedam	42.15	195600108	<b>59.15</b>

rang	naam	vereniging	inschrijftijd		tijd	50m	100m
<b>Masters 20+, Heren</b>							
1.	Michiel van Nesselrooij	Wave	1:02.59	199006877	<b>1:03.60</b>		1:03.60
2.	Mark den Blanken	Wave	1:07.52	198806087	<b>1:12.84</b>		1:12.84
NG.ZA	Tom Fokkens	LZ 1886	1:16.26	198906645			
<b>Masters 30+, Heren</b>							
1.	Stan Dekker	HHZV Plons	59.14	197901823	<b>1:01.63</b>		1:01.63
2.	Kars Luttkik	DAW	58.52	197800675	<b>1:04.59</b>		1:04.59
3.	Roy Blangé	SG De Zeeuwse Kust	1:06.16	198100141	<b>1:07.56</b>		1:07.56
4.	Bart Sieczynski	Masters Krasnik	1:08.00	1979SIEC	<b>1:08.37</b>		1:08.37
<b>Masters 35+, Heren</b>							
1.	Svet Gavrilov	GLS Ketelbinkie	1:02.61	197501263	<b>1:02.92</b>		1:02.92
<b>Masters 40+, Heren</b>							
1.	Marcel Bezemer	De Geul	1:10.06	197001485	<b>1:04.77</b>		1:04.77
2.	Martin Berkhout	LZ 1886	1:04.49	197101123	<b>1:05.88</b>		1:05.88
3.	Mario Cuelenaere	SG De Zeeuwse Kust	1:06.70	196901569	<b>1:08.18</b>		1:08.18
4.	Hans Schoenmakers	DAW	1:09.58	196900863	<b>1:09.95</b>		1:09.95
5.	Dennis van Markesteijn	TZC Vahalis	1:11.13	197201333	<b>1:12.57</b>		1:12.57
6.	Bas van Gool	De Devel	1:29.64	197201435	<b>1:29.98</b>		1:29.98
<b>Masters 45+, Heren</b>							
1.	Jan Smalheer	Scom	1:14.26	196400701	<b>1:13.14</b>		1:13.14
2.	Danny Zulver	ZV Vlaardingen-Schiedam	1:15.00	196701617	<b>1:14.11</b>		1:14.11
3.	Martin Dorsman	De Devel	1:15.06	196301339	<b>1:15.79</b>		1:15.79
4.	Richard Rozema	D'Elft	NT	196701583	<b>1:31.16</b>		1:31.16
5.	Henk Viering	Swol 1894	1:35.86	196600917	<b>1:39.43</b>		1:39.43
<b>Masters 50+, Heren</b>							
1.	Marten de Groot	HZ&PC Heerenveen	1:03.29	195800149	<b>1:02.56</b>		1:02.56
2.	Menno Lomans	D'Elft	1:10.96	196101071	<b>1:10.52</b>		1:10.52
<b>Masters 55+, Heren</b>							
1.	Evertjan Masurel	PSV	1:08.15	195600495	<b>1:10.58</b>		1:10.58
<b>Masters 65+, Heren</b>							
1.	Ruud Sloof	De Rijn	1:23.19	194400073	<b>1:22.55</b>		1:22.55
2.	Willem Putter	ZV Vlaardingen-Schiedam	1:24.00	194500135	<b>1:23.59</b>		1:23.59
3.	Peter Ouweneel	RSW	1:41.64	194500077	<b>1:43.90</b>		1:43.90
<b>Masters 70+, Heren</b>							
1.	Nic Geers	De Gouwe	1:15.20	193800007	<b>1:16.13</b>		1:16.13
2.	Ad Tersteeg	Old Dutch Breda	2:12.30	193900021	<b>2:03.42</b>		2:03.42
<b>Masters 20+, Dames</b>							
1.	Nanda de Vries	HZ&PC Heerenveen	1:05.07	199204328	<b>1:04.12</b>		1:04.12
<b>Masters 25+, Dames</b>							
1.	Linda Hoogendam	D'Elft	1:06.22	198300892	<b>1:11.08</b>		1:11.08
<b>Masters 35+, Dames</b>							
1.	Ilna Hogerheyde	DAW	1:07.00	197400224	<b>1:08.50</b>		1:08.50
2.	Paula 't Hart	ZV Vlaardingen-Schiedam	NT	197701132	<b>1:41.08</b>		1:41.08

Programmanr. 8, 100m vrije slag

Masters 40+, Dames

1.	Kristien van de Moortel	Shark	1:25.00	SHARK/315/69	<b>1:23.58</b>	1:23.58
2.	Angeline Hamstra	Scom	1:20.44	197200782	<b>1:25.55</b>	1:25.55
3.	Jaklien Tans	RIS Rotterdam	1:53.08	197100918	<b>1:56.35</b>	1:56.35

Masters 45+, Dames

1.	Susanne Prins	SBC2000	1:13.93	196600284	<b>1:14.92</b>	1:14.92
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Masters 50+, Dames

1.	Pia van der Molen	HZ&PC Heerenveen	1:21.91	196000116	<b>1:23.68</b>	1:23.68
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Masters 55+, Dames

1.	Willy Zuidema	GLS Ketelbinkie	2:16.00	195300066	<b>2:25.84</b>	2:25.84
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Masters 75+, Dames

1.	Annie de Vos	Old Dutch Breda	2:08.67	193400004	<b>2:05.95</b>	2:05.95
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Programmanr. 9  
1-4-2012 - 14:30

50m schoolslag

20 - 89 jaar  
Resultaten

rang	naam	vereniging	inschrijftijd		tijd
<b>Masters 20+, Heren</b>					
1.	Erwin Vuist	ZV Hatto-Heim	39.21	199102475	<b>40.47</b>
<b>Masters 25+, Heren</b>					
1.	Thommy Nickel	Van Vliet Barracuda	39.74	198401627	<b>35.50</b>
2.	Fons Westerdijk	ZV Vlaardingen-Schiedam	41.70	198705119	<b>42.60</b>
3.	Mathijs van der Kaaij	RIS Rotterdam	1:09.80	198604607	SB6 <b>1:11.65</b>
<b>Masters 30+, Heren</b>					
1.	Ivan van Omme	De Geul	31.23	198201263	<b>33.41</b>
2.	Ron Langelaan	DAW	32.51	197800643	<b>34.37</b>
<b>Masters 35+, Heren</b>					
1.	Niels van Wageningen	D'Elft	37.35	197601335	<b>38.08</b>
2.	Jeroen Vis	GLS Ketelbinkie	38.50	197601427	<b>39.40</b>
3.	Iwan von Berg	D'Elft	NT	197301445	<b>41.68</b>
4.	Teus Jan van Laar	GLS Ketelbinkie	52.00	197401383	<b>44.90</b>
<b>Masters 40+, Heren</b>					
1.	Harold Matla	PSV	33.56	196800591	<b>32.62</b>
2.	Martin Berkhout	LZ 1886	37.30	197101123	<b>39.90</b>
3.	Gertjan van der Vaart	ZV Vlaardingen-Schiedam	47.50	196801529	<b>45.49</b>
4.	Aegidius Kap	HHZV Plons	45.56	196801233	<b>46.12</b>
<b>Masters 45+, Heren</b>					
1.	Gerard Tel	GLS Ketelbinkie	36.76	196701175	<b>37.60</b>
2.	Erik Saan	De Duck	38.30	196500769	<b>39.78</b>
3.	Roy van Hassel	ZV Vlaardingen-Schiedam	49.65	196701621	<b>53.17</b>
<b>Masters 55+, Heren</b>					
1.	Bart van Leeuwen	De Geul	NT	195700555	<b>50.16</b>
2.	Jaap de Win	De Geul	49.34	195700529	<b>50.70</b>

Programmanr. 9, 50m schoolslag

Masters 60+, Heren

1. Bert Veerkamp	Zuiderzeezwemmers	54.28	195200271	<b>56.92</b>
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Masters 65+, Heren

1. Ruud Sloof	De Rijn	46.97	194400073	<b>46.53</b>
2. Willem Putter	ZV Vlaardingen-Schiedam	45.75	194500135	<b>48.69</b>

Masters 70+, Heren

1. Ad Tersteeg	Old Dutch Breda	1:08.09	193900021	<b>1:00.79</b>
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Masters 20+, Dames

AFGEM Else Bijl	RSZ&WV Ragnar	47.13	198906146	
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Masters 25+, Dames

1. Esther Versteeg	Van Vliet Barracuda	43.94	198302112	<b>41.81</b>
2. Channe Noort	DAW	42.62	198605032	<b>43.13FJ 1</b>
3. Loes van Bremen	Scm	42.83	198600212	<b>43.13FJ 2</b>

Masters 30+, Dames

1. Laura Badoux <i>Nederland Masters Record</i>	DAW	34.25	198200038	<b>34.53</b>
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Masters 35+, Dames

1. Liselotte Joling	PSV	41.12	197500268	<b>41.95</b>
2. Marian Nederlof	DWF	41.82	197600950	<b>45.81</b>
3. Angelique van Amen	De Zeehond'73	NT	197400010	<b>56.11</b>
4. Ilse Jansen	De Geul	59.59	197601022	<b>1:05.29</b>

Masters 40+, Dames

1. Karin Stein <i>Nederland Masters Record</i>	ZV Vlaardingen-Schiedam	38.02	197100554	<b>37.11</b>
2. Trudie van Niejenhuis	TZC Vahalis	42.07	197100444	<b>41.46</b>
3. Anja Reinhard	HHZV Plons	47.76	197000818	<b>46.53</b>
4. Jaklien Tans	RIS Rotterdam	1:13.05	197100918	SB5 <b>1:13.44</b>

Masters 45+, Dames

1. Annemarie Vuist	Swol 1894	46.47	196300282	<b>45.99</b>
2. Hetty Smalheer	Scm	47.31	196700352	<b>51.39</b>
3. Alma Kraan	De Geul	51.09	196600604	<b>54.72</b>

Masters 50+, Dames

1. Ada de Voogd	ZV Vlaardingen-Schiedam	46.58	195900280	<b>46.53</b>
2. Gonnie Paas	ZV Vlaardingen-Schiedam	46.49	196200418	<b>47.62</b>
3. Inge Wolfs	HHZV Plons	43.88	196000304	<b>48.91</b>

Masters 60+, Dames

1. Geerdien Meerwaldt	Van Vliet Barracuda	59.16	195200058	<b>59.77</b>
2. Nini van Dongen-de Paepe	De Lansingh	58.63	195100044	<b>1:02.32</b>

rang	vereniging	inschrijftijd	tijd	
<b>100+, Heren</b>				
1.	Wave 1 Victor den Heijer Willem Jacobs	Wave 83 1:03.38 87	4:19.19 Mark den Blanken 88 Michiel van Nesselrooij 90	<b>4:29.98</b>
<b>120+, Heren</b>				
1.	Ketelbinkie 1 Abco Touthoofd Stephan Hessels	GLS Ketelbinkie 66 1:09.71 78	4:10.00 Svet Gavrilov 75 Harry Raven 70	<b>4:27.71</b>
2.	Ketelbinkie 2 Robert Jan Zandee Pim Pompen	GLS Ketelbinkie 77 1:17.79 72	5:02.00 Dennis van Vliet 81 Gerard Tel 67	<b>5:11.65</b>
<b>160+, Heren</b>				
1.	ZVVS 1 Harry Paas Danny Zulver	ZV Vlaardingen-Schiedam 58 1:16.37 67	5:18.51 Fons Westerdijk 87 Willem Putter 45	<b>5:25.13</b>
<b>200+, Heren</b>				
1.	DAW 1 <i>Nederland Masters Record</i> John Stokx Jaap Kwakkel	DAW 64 1:06.00 47	4:43.07 Fred Heemstra 65 Rene de Boer 64	<b>4:28.28</b>
<b>120+, Dames</b>				
1.	DAW 1 <i>Nederland Masters Record</i> Sandra Pannekeet Channe Noort	DAW 84 1:09.39 86	4:39.41 Ilona Hogerheyde 74 Laura Badoux 82	<b>4:37.82</b>
<b>160+, Dames</b>				
1.	ZVVS 1 Ada de Voogd Karin Stein	ZV Vlaardingen-Schiedam 59 1:17.14 71	5:16.95 Paula 't Hart 77 Gonnie Paas 62	<b>5:42.62</b>
<b>120+, Gemengd</b>				
1.	De Geul 1 Samantha van Eijk Mark Jansen	De Geul 88 1:10.02 75	NT Ilse Harms 69 Marcel Bezemer 70	<b>4:33.98</b>
2.	D'Elft 1 Richard Rozema Joana Carneiro	D'Elft 67 1:33.59 82	4:03.83 Linda Hoogendam 83 Niels van Wageningen 76	<b>5:00.28</b>
<b>160+, Gemengd</b>				
1.	PSV 1 Patty Krupiarz Liselotte Joling	PSV 54 1:27.58 75	4:56.28 Evertjan Masurel 56 Harold Matla 68	<b>5:04.56</b>
2.	Ketelbinkie 3 Eveline Kars Marjan Vliegen	GLS Ketelbinkie 68 1:19.12 67	5:23.00 Franklin Nouwen 60 Michel Honders 69	<b>5:35.06</b>
BM	LZ 1886 1 Dennis Schouten Heidi van Stein	LZ 1886 75 1:01.19 69	4:28.55 Tom Fokkens 89 Martin Berkhout 71	<b>4:33.85</b>